

# COVID-19 RECOVERY PLAN:

*SHIFT FROM COVID RESPONSE TO COVID RECOVERY*

THE CENTRE FOR  
DREAMS 

March 14, 2022

## The Centre for Dreams' Approach

In response to COVID-19, The Centre for Dreams closed its doors for regular programming on March 15, 2020 as the Government of Ontario enacted a Declaration of Emergency. We immediately ceased our regular day programming and began thinking about virtual alternatives. We were fortunate to be able to re-open our doors to allow for hybrid programming on September 1, 2020.

The health and safety of The Centre for Dreams community has been the priority throughout the life of the pandemic. These have been unprecedented times to which we stayed the course through these uncharted waters. In accordance to our mission, The Centre for Dreams continued to offer our diverse education, social and life skills programs while implementing fun and inclusive learning opportunities. Although we had to rethink our day to day programming and create a virtual platform, we vowed not to lose the integrity and wealth of learning opportunities for everyone involved. Although there were a few bumps in the road, we were able to successfully navigate through the life of the pandemic.

The health and safety of The Centre for Dreams community and the integrity of our programming will remain at the forefront of all decisions made as we now enter the recovery phase of the pandemic.

This document outlines the Recovery Plan for ensuring that The Centre for Dreams can seamlessly adjust to the newest guidelines and procedures as we navigate the shift from COVID response to COVID recovery.

## Phases of Re-Opening

As you may be aware, the Government of Ontario has already begun lifting a number of health and safety measures in public spaces, schools, hospitals, long term care centres, and congregate care and living settings.

The following table speaks to the guidelines and timelines that The Centre for Dreams will be following as we progress through the next few months and as we lift the remaining public health and safety measures.

Date	What's Changing?	What's Continuing?
<b>March 14, 2021</b>	<ul style="list-style-type: none"> <li>Province of Ontario revokes mandatory vaccination policy for organizations within the Ministry of Children, Community and Social Services</li> </ul>	<ul style="list-style-type: none"> <li>Masks and/or face coverings will continue to be required for members, staff, volunteers and field education students.</li> <li>Mandatory vaccination policy will remain in place for all staff, volunteers and field education students. We plan to revisit this and will make a decision based on sector decision.</li> <li>Hybrid (virtual and in person) programming will continue as scheduled.</li> </ul>
<b>March 21, 2022</b>	<ul style="list-style-type: none"> <li>Physical distancing of at least 2 meters will no longer be required.</li> <li>We will no longer cohort individuals while in program.</li> <li>Building capacity and room capacity will resume to pre-pandemic limitations.</li> <li>At home screening no longer required</li> <li>Community outings to resume in a phased approach. We will commence our bi-weekly bowling outing and trips to the park as the weather permits.</li> </ul>	<ul style="list-style-type: none"> <li>Masks and/or face coverings will continue to be required for members, staff, volunteers and field education students.</li> <li>Hand washing and cleaning protocols will remain in place.</li> <li>Screening will continue to take place upon drop off and pick up at program.</li> <li>Surveillance screening will continue to take place throughout the day.</li> </ul>

	<ul style="list-style-type: none"> <li>• Use of agency vehicles will resume for transportation of members, staff, volunteers and field education students.</li> <li>• Non-essential visitors will be permitted in the building for program, tours, and meetings. Proof of vaccination will no longer be required for all visitors.</li> <li>• Our Healthy snack program and bi-weekly Friday lunches will resume.</li> </ul>	<ul style="list-style-type: none"> <li>• PPE (Personal Protective Equipment) will continue to be available for all members, staff, volunteers and field education students.</li> <li>• ABHR (Alcohol Based Hand Rub) stations will remain in all places throughout the building.</li> <li>• Rapid Antigen Testing will remain on a weekly basis. Testing will no longer be mandatory for staff.</li> <li>• Hybrid (virtual and in person) programming will continue as scheduled.</li> <li>• Use of hepa filter air purifiers will continue.</li> </ul>
<b><i>April 27, 2022</i></b>	<ul style="list-style-type: none"> <li>• Masks and/or face coverings will no longer be required for members, staff, volunteers and field education students. If any members, staff, volunteers and/or field education students wish to continue to wear a mask and/or face covering, they are encouraged to do so.</li> <li>• Screening will no longer take place upon drop off and pick up at program.</li> <li>• Parents, siblings, guardians and/or drivers will be permitted to enter the building upon pick up and drop off.</li> <li>• All program materials that were previously removed from circulation will be integrated back into programming.</li> </ul>	<ul style="list-style-type: none"> <li>• Surveillance screening will continue to take place throughout the day.</li> <li>• Hand washing and cleaning protocols will remain in place.</li> <li>• PPE (Personal Protective Equipment) will continue to be available for all members, staff, volunteers and field education students.</li> <li>• ABHR (Alcohol Based Hand Rub) stations will remain in all places throughout the building.</li> <li>• Rapid Antigen Testing will be based upon availability from the MOH (Ministry of Health) RAT program.</li> <li>• Hybrid (virtual and in person) programming will continue as scheduled.</li> <li>• Use of hepa filter air purifiers will continue.</li> </ul>
<b><i>September 1, 2022</i></b>	<ul style="list-style-type: none"> <li>• DreamWorx job training program will resume with in-person job placements.</li> </ul>	<ul style="list-style-type: none"> <li>• Hand washing and cleaning protocols will remain in place.</li> <li>• Hybrid (virtual and in person) programming will continue as scheduled.</li> </ul>

		<ul style="list-style-type: none"> <li>• Surveillance screening will continue to take place throughout the day.</li> <li>• PPE (Personal Protective Equipment) will continue to be available for all members, staff, volunteers and field education students.</li> <li>• ABHR (Alcohol Based Hand Rub) stations will remain in all places throughout the building.</li> <li>• Use of hepa filter air purifiers will continue.</li> <li>• All new volunteers and/or field education students will be required to participate in a comprehensive health and safety training.</li> </ul>
<b>TBA</b>	<ul style="list-style-type: none"> <li>• Weekly outings to the gymnasium at The Bridge will resume once their construction is completed.</li> </ul>	

*\*The guidelines and timelines listed above are based on guidelines and directives from the Chief Medical Officer of Ontario and Ontario Public Health as of March 9, 2022. Dates are subject to change based on directives and guidance from the Chief Medical Officer of Ontario, Ontario Public Health and York Region Public Health. All Centre for Dreams COVID-19 policies, procedures, and guidelines will be reintroduced if directed by Ontario Public Health and/or York Region Public Health.*

*\*\*For details on COVID-19 case management, COVID-19 outbreak management and isolation, please refer to our document "COVID-19 Guidance, Policies and Procedures."*

## Isolation Periods, Case Management and Travel Requirements

The Ministry of Health has revised the COVID-19 Integrated Testing & Case, Contact and Outbreak Management Interim Guidance: Omicron Surge ([gov.on.ca](http://gov.on.ca)), with updated guidance for close contacts in the community and in households. See summary of details below. For complete details visit the [COVID-19 Integrated Testing & Case, Contact and Outbreak Management Interim Guidance: Omicron Surge \(gov.on.ca\)](http://gov.on.ca).

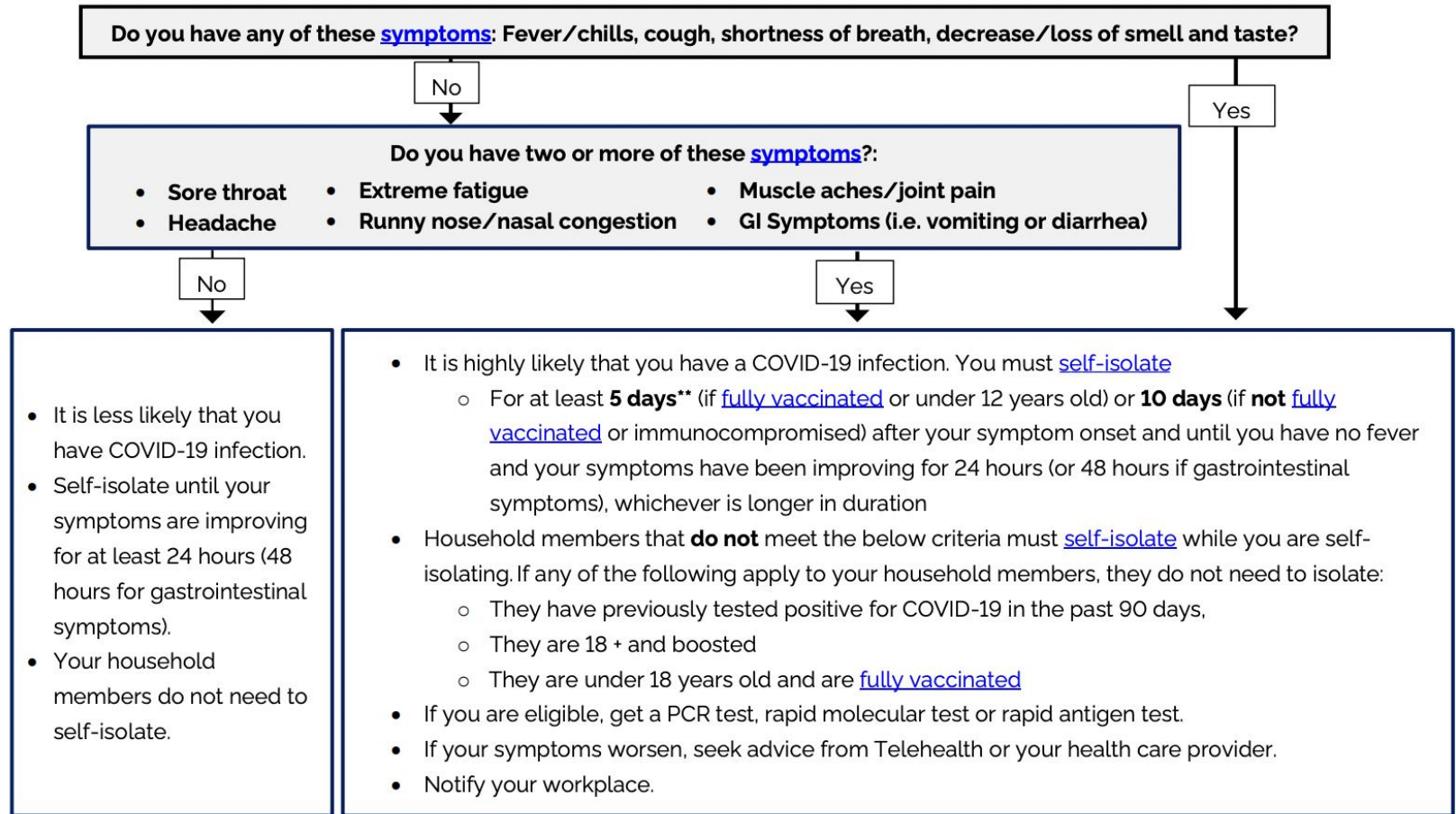
- Asymptomatic individuals who are close contacts of a case or a symptomatic individual in the community are no longer required to isolate but must self-monitor for 10 days following last exposure. During the self-monitoring period, close contacts must wear a well-fitted mask in all public settings and avoid activities where they need to take off their mask.
- Asymptomatic household contacts of a case or a symptomatic individual are also not required to isolate if they are 17 or younger and COVID-19 Fully Vaccinated Status in Ontario; 18 and older and have already received their COVID-19 booster; or tested positive for COVID-19 in the last 90 days and have completed their isolation period. Asymptomatic household contacts who are not required to isolate are also required to self-monitor 5 for 10 days following last exposure.
- Under the [COVID-19 Travel: Checklists for requirements and exemptions - Travel restrictions in Canada – Travel.gc.ca](http://Travel.gc.ca), upon return from international travel, individuals must, wear a mask at all times when in public spaces, maintain a list of all close contacts for your first 14 days in Canada, and monitor yourself for signs and symptoms of COVID-19.

### Isolation Period for Test-Positive Cases and Individuals with COVID-19 symptoms

Isolation Period	Population
<b>5 days</b> after the date of specimen collection or symptom onset (whichever is earlier/applicable)	<ul style="list-style-type: none"> <li>• Fully vaccinated individuals</li> <li>• Children under the age of 12</li> </ul>
<b>10 days</b> after the date of specimen collection or symptom onset (whichever is earlier/applicable)	<ul style="list-style-type: none"> <li>• Individuals 12+ who are not fully vaccinated</li> <li>• Immunocompromised</li> <li>• Hospitalized for COVID-19 related illness (or at discretion of hospital IPAC)</li> <li>• Residing or working in a highest-risk setting</li> </ul>
<b>20 days</b> after the date of specimen collection or symptom onset (whichever is earlier/applicable)	<ul style="list-style-type: none"> <li>• Severe illness (requiring ICU level of care or at discretion of hospital IPAC)</li> </ul>

*\*If self-isolation is complete after 5 days, additional precautions are needed due to residual risk of ongoing infectiousness.*

## You have symptoms and are concerned you may have COVID-19. Now what?

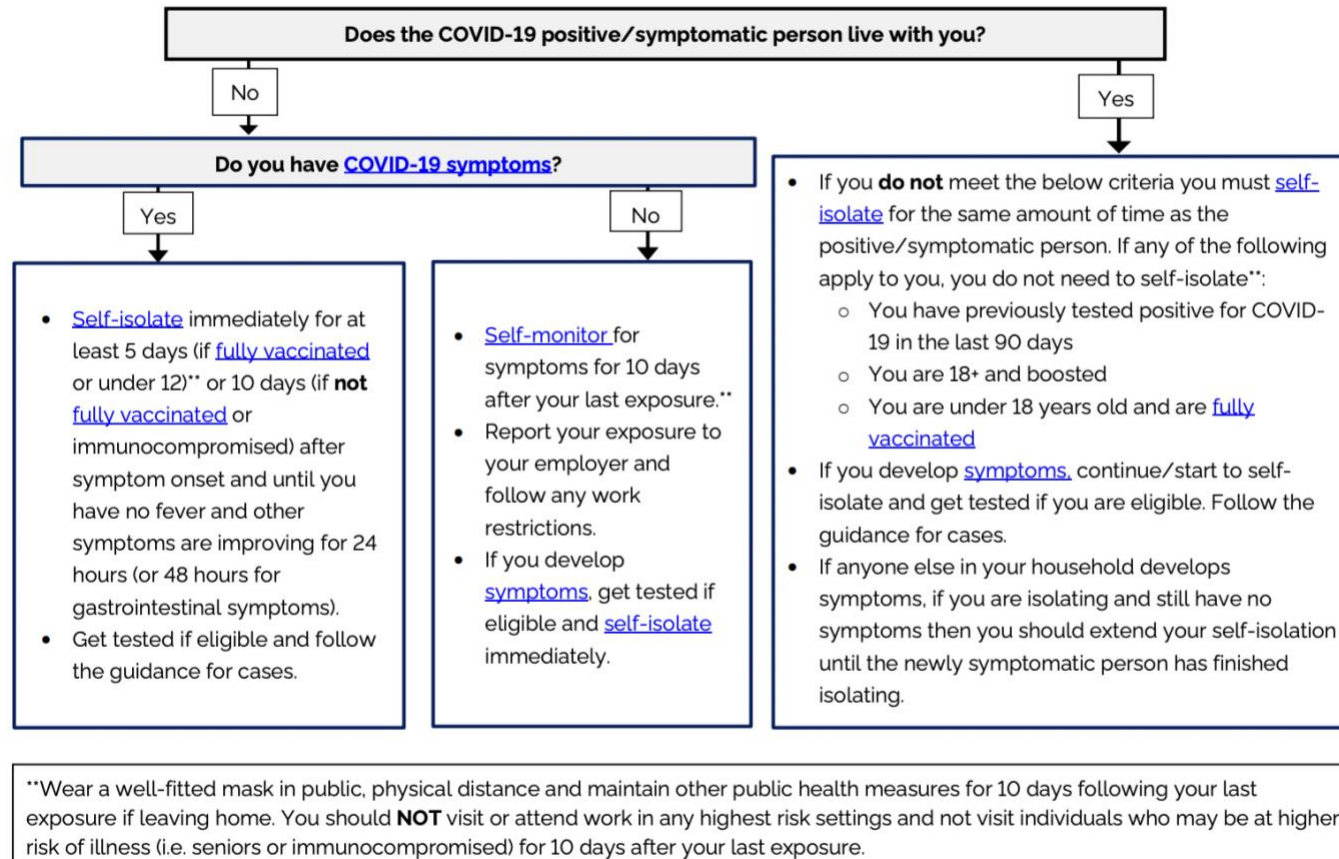


**Note:** Symptoms should not be related to any other known causes or conditions. See the [COVID-19 Reference Document for Symptoms](#) for more information.

\*\*For 10 days after symptom onset (or 20 days for immunocompromised individuals): maintain masking in public setting, do not visit or work in any highest risk setting, do not visit vulnerable individuals (e.g. immunocompromised individuals or seniors).

\* [https://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/contact\\_mngmt/management\\_cases\\_contacts\\_omicron.pdf](https://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/contact_mngmt/management_cases_contacts_omicron.pdf)

You've been identified as a close contact of someone who has tested positive for COVID-19 or someone with COVID-19 symptoms. Now what?



[https://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/contact\\_mgmt/management\\_cases\\_contacts\\_omicron.pdf](https://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/contact_mgmt/management_cases_contacts_omicron.pdf)

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The COVID-19 pandemic has heavily impacted our community, our families, and our organization, we wish to thank all of you for your continued support, patience and understanding as we all navigated the last 2 years together. We will still need to work together and ensure The Centre for Dreams remains a safe place for our members, staff and volunteers by staying home when sick and washing our hands.

